V3

Disability Distress Assessment Tool (Monitoring Tool)

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Client's name:	DoB:	Page No:	Please affix patient addressograph here
Unit/ward:	Gender:	NHS No:	

Please complete at any times when you are concerned that the patient is distressed
This individual's signs and behaviours of contentment / distress are detailed on the first page of the DisDAT assessment sheet

Date	Time	Is Patient Content/ Distressed	Please record observations of severity and duration of distress in these columns		Action Taken	Outcome
			Signs of Distress	Context of Distress		

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