

# Men: It's a hard life to live alone

IT SEEMS sisters really are doing it for themselves – with women better at living alone than their male counterparts.

Researchers at the University of Edinburgh claim men living on their own are more likely to experience financial and health difficulties than women.

In a two-year study, researchers examined differences in standards of living of more than 140 men and women aged between 25 and 44.

They found a higher proportion of people in a one-person household in Scotland are disadvantaged in terms of finance, health and housing compared

By **Stephen Deal**

with those living with others. As many as 29 per cent of men earn less than £10,000 per year, compared with 21 per cent of women living alone.

And a higher proportion of women are educated to degree level, in professional jobs and own their property.

The study also showed the majority of adults living alone had rich social networks and strong ties to their neighbourhood, and that the use of the internet helped maintain these social networks.

