

COOL WITH CHANGE: YOUNG PEOPLE AND FAMILY CHANGE

MESSAGES FOR TEACHERS

- Encourage friendly and respectful relationships in school, and be open to young people who need someone to talk to
- Respect the importance of friends supporting each other, and create opportunities for peer support
- Have explicit confidentiality policies that are clearly communicated to young people – otherwise they will not use support on offer
- Work with community-based agencies, either bringing them into school, or referring pupils and families to them



centre for research on
families and relationships

www.crfr.ac.uk/coolwithchange

Cool with Change is a three-year research project exploring young people's experience of parents' divorce, separation, re-partnering or death of a parent.

Further information and a copy of the research findings can be downloaded from

www.crfr.ac.uk/coolwithchange