



Digital families across the lifecycle: Digital technologies, older age and caring

Welcome

Digital families across the lifecycle is a Knowledge Exchange programme funded by the Scottish Universities Insight Institute

Programme team

Dr Sarah Morton, University of Edinburgh

Professor Natasha Mauthner, University of Aberdeen

Professor Samantha Punch, University of Stirling

Clare Simpson, Parenting Across Scotland

Douglas White, Carnegie UK

Lesley Kelly, University of Edinburgh (CRFR)

<http://www.cfr.ac.uk/digital-families-across-the-lifecycle/>



**scottish universities
insight institute**
mobilising knowledge for a better Scotland



#digifam1516



Digital families across the lifecycle: Digital technologies, older age and caring

Digital Families Programme – Key Aims

- 1) Understand how digital technologies are impacting on family life and personal relationships in Scotland
- 2) Identify the issues that families are grappling with in relation to digital advances, and stimulate new ways of addressing these issues
- 3) Foster innovative collaborations between academics and non-academics with the potential to both raise new questions and inform policy and practice
- 4) Establish a ‘digital families’ research network





Digital families across the lifecourse: Digital technologies, older age and caring

Aims of today

- To explore how digital technologies are being used by older people, their families and by carers.
- To identify key issues in relation to digital technologies, older age and caring.
- To develop new collaborations between researchers, practitioners and policy-makers interested in taking issues forward.



**scottish universities
insight institute**
mobilising knowledge for a better Scotland





Digital families across the lifecycle: Digital technologies, older age and caring

Questions for today

- How are digital technologies being used by older people and their carers?
- How are digital technologies being used to manage long-term conditions and to support independence? What are the ethical issues associated with this?
- How can older people and their carers be supported in using technology to improve their health and wellbeing?

For Discussion 1 – what are the key themes/issues associated with the above? Each group to identify their top 3 themes or issues.



**scottish universities
insight institute**
mobilising knowledge for a better Scotland





Digital families across the lifecourse: Digital technologies, older age and caring

Questions for discussion 2

- How much do we know about this topic?
- Are there any gaps in knowledge? What do we need to know?
- What are the implications for policy and practice?
- What next? Some tangible actions to take forward.



**scottish universities
insight institute**
mobilising knowledge for a better Scotland



 #digifam1516



Digital families across the lifecycle: Digital technologies, older age and caring

Afternoon discussion – themes

1. What can we do about **capacity, consent and control** issues – including privacy vs security ? (Sophie)
2. How can people be **supported to learn** new technologies throughout their lives? (Catherine)
3. How can we get players in the care system to **work better together** around new technologies? (Sarah)
4. What is the role of technology in **relationships between the generations**? (Sam)
5. How can we ensure better **inclusion** to ensure that technology does not widen inequalities? (Issues around access, costs, assets) (Lesley)
6. How can we take forward **research** into the use of technology in older age? (Linda)

