

Involving Children and Young People in Research and Consultation

March 2016

We recommend participants have a copy of this text:

*Tisdall, E.K.M, Davis, J.M. and Gallagher, M. (eds.) (2009) *Research with Children and Young People: Research design, methods and analysis*. London: Sage.

Items marked with * are in this book.

The reading list contains selected academic resources – for those who have access to such sources – and web resources. (A handy hint: academics are increasingly expected to make publications more available. It can be worth searching on google etc with the journal article's or book chapter's title, and see if you can find a next to final version online.)

Wherever possible, web resources are freely accessible. All web resources were checked as accurate as of 11.2.16

Day 1 – Morning

INTRODUCTION TO COURSE

Beazley, H., Bessell, S., Ennew, J. and Waterson, R. (2011) 'How are the Human Rights of Children Related to Research Methodology?' in Invernizzi, A. and Williams, J. (eds.) *The Human Rights of Children: from visions to implementation*. Farnham: Ashgate.

Fraser, S. and Robinson, C. (2003) 'Paradigms and Philosophy' in Fraser, S., Lewis, V., Ding, S., Kellett, M. and Robinson, C. (eds.) *Doing research with children and young people*. London: Sage.

Hill, M. (2006) 'Children's voices on ways of having a voice. Children's and young people's perspectives on methods used in research and consultation' *Childhood* 13(1): 69-89.

Punch, S. (2002) 'Research with children. The same or different from research with adults?' *Childhood* 9(3): 321-341.

Quennerstedt, A. (2013) 'Children's Rights Research Moving into the Future-Challenges on the Way Forward', *International Journal of Children's Rights* 21(2): 233-247.

* Tisdall, E.K.M. (2009) 'Introduction' in Tisdall, E.K.M, Davis, J.M. and Gallagher, M. (eds.) *Research with Children and Young People: Research design, methods and analysis*. London: Sage.

Web Resources

'How To' guides on the Participation Works website

<http://www.participationworks.org.uk/resources?filter1=HowToGuide>

These 'How To' Guides offer an introduction to the merits of involving children and young people in research and ideas on what needs to be considered before carrying out this work. Most of these are free to download.

Best Practice Research Guide: how to research children and online technologies in comparative perspective

http://www.lse.ac.uk/media@lse/research/EUKidsOnline/EU%20Kids%20I%20%282006-9%29/EU%20Kids%20Online%20I%20Reports/D42_ISBN.pdf

While rather conservative in its methods, the guide is useful in providing some detailed advice about the positives and negatives of using particular methods with children.

Involving Children: A guide to engaging children in decision-making

<http://www.msd.govt.nz/documents/about-msd-and-our-work/publications-resources/archive/2003-involving-children.pdf>

This is a practical guide from New Zealand's Ministry of Social Development, about involving children in effective decision-making. A short document, of note is its sections on 'working with specific groups of children', including those from certain cultural backgrounds, from rural areas and very young children.

The ladder of young people's participation

<http://freechild.org/ladder.htm>

A page containing Roger Hart's well-known ladder of participation. This model ranks forms of decision making, from those in which children are manipulated by adults or consulted in tokenistic ways, to those in which decision making is shared between adults and children. Some have found this a useful way to understand children participation, while others have argued that it is too simplistic.

MacArthur Foundation

<http://www.macfound.org/programs/learning/>

An excellent open access resource made available by the MacArthur Foundation through MIT press. 20 full texts about young people on digital media including for example Youth, Identity and Digital Media by David Buckingham.

The McCreary Centre Society Youth engagement page

http://www.mcs.bc.ca/youth_engagement

This page contains links to a range of resources on children's participation and health, including toolkits and research reports.

Research Mindedness Virtual Learning Resource

<http://www.scie.org.uk/publications/researchmindedness/index.asp>

A set of general resources designed to help practitioners in social work and social care become more engaged with social research. Includes a brief guide to becoming a researcher as a practitioner, some case studies of research carried out within social work practice, and a useful glossary. It is not specifically aimed at research with children but have a look at the case study entitled 'child and family'. What do you think of the approach taken here?

Steps to engaging young children in research

<https://www.brighton.ac.uk/secp/research-projects/steps-for-engaging-young-children-in-research.aspx>

A detailed resource, with practical examples, of using multiple methods. A bonus is the consideration of working with children in various parts of the world. This includes research using: doll play, modelling clay and candle-lit stories in South Africa; accompanying children and gaining children's opinions using ranking methods in Nepal; and play with puppets in India. Done by leaders in the field, well worth looking at – and for all children, not just younger children.

We published a special journal issue, with the International Journal on Child, Youth and Family Studies (2014), on qualitative research methods with children and young people. The articles give a good source for current debates on such methods.

<http://journals.uvic.ca/index.php/ijcyfs/issue/view/767>

ETHICS

Alderson, P. and Morrow, V. (2011) *The Ethics of Research with Children and Young People: A practical handbook*. London: Sage.

Alderson, P. and Morrow, V. (2004) *Ethics, Social Research and consulting with children and young people*. Ilford: Barnardo's, Appendix 1.

Ebrahim, H. (2010) 'Situated ethics: possibilities for young children as research participants in the South African context' *Early Child Development and Care* 180(3): 289-298.

* Gallagher, M. (2009) 'Ethics' in Tisdall, E.K.M, Davis, J.M. and Gallagher, M. (eds.) *Research with Children and Young People: Research design, methods and analysis*. London: Sage.

Web Resources

ChildEthics

<http://childethics.com/>

A website supported by UNICEF, on ethical research involving children. It includes some of our colleagues' contributions! There is a great deal of material, from all around the world and for

research undertaken in different contexts. It gives the opportunity to participate in forums. Well worth a look.

Morrow, V. (2009) The Ethics of Social Research with Children and Families in Young Lives: Practical Experiences Working Paper 53

<http://www.younglives.org.uk/publications/WP/ethics-research-children-families/wp53-the-ethics-of-social-research-with-children-and-families-in-young-lives-practical-experiences/view>

Written by Ginny, who is a leader on ethics in research with children. The paper is quite practical and addresses research undertaken in a number of contexts and countries.

The Research Ethics Guidebook: A Resource for Social Scientists

<http://www.ethicsguidebook.ac.uk/Building-ethics-into-the-research-design-8>

Not specifically about research with children- but a useful guide to ethical issues in research. There is a short section re ethics and online research

<http://www.ethicsguidebook.ac.uk/Online-research-102>

Selection of ethical guidelines

- Association of Social Anthropologists in the UK and the Commonwealth
<http://www.theasa.org/ethics/guidelines.shtml>
- British Educational Research <https://www.bera.ac.uk/researchers-resources/publications/bera-ethical-guidelines-for-educational-research-2011>
- British Sociological Association <http://www.britsoc.co.uk/the-bsa/equality/statement-of-ethical-practice.aspx>
- Economic and Social Research Council (2015) <http://www.esrc.ac.uk/files/funding/guidance-for-applicants/esrc-framework-for-research-ethics-2015/>
- National Children's Bureau. Guidelines for Research for research with children and young people (2011) <https://www.nfer.ac.uk/nfer/schools/developing-young-researchers/NCBguidelines.pdf>
- Voice against Violence <http://voiceagainstviolence.org.uk/wp-content/uploads/2012/07/standards-booklet.pdf> (standards developed by young people)

See also Child Exploitation and Online Child Protection Centre (CEOP)

<http://www.ceop.gov.uk/>

Day 1 – Afternoon

EXPLORING 'PARTICIPATORY' METHODS

Bagnoli, A. (2009) 'Beyond the standard interview: the use of graphic elicitation and arts-based methods' *Qualitative Research* 9(5): 547-570.

- Bingley, A. and Milligan, C. (2007) "Sandplay, Clay and Sticks': Multi-Sensory Research Methods to Explore the Long-Term Mental Health Effects of Childhood Play Experience' *Children's Geographies* 5(3): 283–296.
- Christensen, P., Mikkelsen, M.R., Nielsen, T.A.S., and Harder, H. (2011) 'Children, mobility, and space: Using gps and mobile phone technologies in ethnographic research' *Journal of Mixed Methods Research* 5(3): 227-246.
- Clark, A. (2004) 'The Mosaic Approach and Research with Young Children' in Lewis, V., Kellett, M., Robinson, C., Fraser, S., and Ding, S. (eds.) *The Reality of Research with Children and Young People*. London: Sage.
- Clark, A. (2005) 'Ways of seeing: using the Mosaic approach to listen to young children's perspectives' in Clark, A., Kjørholt, A.T., and Moss, P. (eds.) *Beyond Listening: children's perspectives on early childhood services*. Bristol: Policy Press.
- * Gallagher, M. (2009) 'Data Collection and Analysis' in Tisdall, E.K.M, Davis, J.M. and Gallagher, M. (eds.) *Research with Children and Young People: Research design, methods and analysis*. London: Sage.
- Guillemin, M. (2004) 'Understanding Illness: using drawings as a research method' *Qualitative Health Research Journal* 14(2): 272-289. [addressing research with adults, this provides a more critical and theoretical consideration of using drawings]
- James, A. (2007) 'Giving Voice to Children's Voices: Practices and Problems, Pitfalls and Potentials' *American Anthropologist* 109(2): 261-72.
- Tisdall, E.K.M. (2015) 'Participation, Rights and 'Participatory' Methods' in Farrell, A., Kagan, S.L., and Tisdall, E.K.M. (eds.) *The SAGE Handbook of Early Childhood Research*. London: Sage.

Web Resources – Participation 'Toolkits'

Clark, A. (2007) Early Childhood Spaces. Involving young children and practitioners in the design process

<http://files.eric.ed.gov/fulltext/ED522693.pdf>

Describes the Mosaic Approach, which is a multi-method approach developing for working with young children. This is the most common approach for 'child-centred' research with young children, in early years settings. However, much could be replicated for all groups ...

ESRC National Centre for Research Methods

<http://www.socialsciences.manchester.ac.uk/morgancentre/methods-and-resources/toolkits/>

Very practical toolkits from academic researchers, describing and discussing particular methods. Not about children in particular, but address some 'newer' methodologies like using video, blogs, email and telephone interviews.

Evaluating Participation Work: the toolkit

Download the pdf:

http://www.participationworks.org.uk/files/webfm/files/resources/k-items/participationworks/diy_evaluation_toolkit/diy_eval_guide/index.pdf

Funky Dragon Breathing Fire into Participation

Download the pdf:

<http://cloak.uclan.ac.uk/3503/>

Developed for the Children and Young People's Assembly for Wales, this is a comprehensive, practical guide to facilitating children's effective participation in decision making processes. It contains quotes from children about what they have found helpful and unhelpful when participating in consultation exercises and events.

How to research the physical and emotional punishment of children

<http://resourcecentre.savethechildren.se/library/how-research-physical-and-emotional-punishment-children>

Recommended by Virginia Morrow: 'A very very useful resource book'.

Practical Guidance on Consulting, Conducting Research and Working in Participative Ways with Children and Young People Experiencing Domestic Abuse

<http://www.scotland.gov.uk/Resource/Doc/284756/0086482.pdf>

It provides practical information about consulting, researching and working in participative ways with children and young people experiencing domestic abuse. This includes addressing principles, confidentiality and privacy.

Re:action toolkit

Download the pdf:

<http://lx.iriss.org.uk/content/reaction-consultation-toolkit>

One of the most comprehensive research toolkits available. Over 100 pages long, it covers a wide range of techniques for consultation with children, including pros and cons of different methods, tips, checklists, practical research tools, and much more besides. It also includes lots of quotes from young people and children's workers giving their views on what makes consultations effective. In addition, there are short case studies which give examples of good practice. Highly recommended.

'Spice it up', the companion toolkit for under 11s

<http://www.pupilvoicewales.org.uk/uploads/publications/287.pdf>

Participation toolkit for young people under the age of 11. The version for older children and young people is very popular ...

Talking Mats

<http://www.talkingmats.com/>

This is a great example of the potential transferability of methods between 'groups'. Originally, talking mats were designed to aid communication with disabled people. Since then, they have been successfully used with a wide range of people - including children.

Day 2

Day 2 – Morning

USING DIGITAL MEDIA

Our website: Young Digital <http://www.youngdigital.net/>

Funded by the ESRC and developed as a resource to support research, consultation and participation activities using digital media

Elsley, S., Gallagher, M. and Tisdall, E.K.M. (2014) 'The Dilemmas of Digital Methodologies: learning from work on 'Young Digital'', *International Journal of Child, Youth and Family studies*, 5(4.1): 702-717. <http://journals.uvic.ca/index.php/ijcyfs/article/view/13370>

Livingstone, Sonia (2014) *Children's digital rights: a priority*. *Intermedia*, 42 (4/5).
<http://eprints.lse.ac.uk/60727/>

UNICEF (2014) Children's Rights in the Digital Age
http://www.unicef.org/publications/index_76268.html

Weller, S (2015) 'Using Skype in Qualitative Interviews with Young People'
National Centre for Research Methods YouTube channel
<http://youtu.be/qhhZdDcbAfo>

Web resources

ESRC National Centre for Research Methods
<http://www.ncrm.ac.uk/resources/online.php>

Toolkits from academic researchers, describing and discussing particular methods. Not about children in particular, but address some 'newer' methodologies like using video, blogs, email and telephone interviews.

EU Kids Online

A comprehensive resource of European wide research on children's online use – including regular EU Online Newsletter
<http://www.lse.ac.uk/media@lse/research/EUKidsOnline/Home.aspx>

EU Kids Online- research toolkit used with European wide research (see above)- very useful
[http://www.lse.ac.uk/media@lse/research/EUKidsOnline/EU%20Kids%20II%20\(2009-11\)/Survey/Survey%20documents.aspx](http://www.lse.ac.uk/media@lse/research/EUKidsOnline/EU%20Kids%20II%20(2009-11)/Survey/Survey%20documents.aspx)

Internet for Social Research Methods
<http://www.vtstutorials.co.uk/tutorial/socialresearchmethods>

Not specifically aimed at research with children, but a starting point if you wish to improve your

internet search skills. There are quizzes and interactive exercises to lighten the learning experience.

Ofcom Media Literacy Research

Annual surveys of media literacy use

<http://stakeholders.ofcom.org.uk/market-data-research/media-literacy-pubs/>

Participation Works

Details about using online tools in participatory approaches with young people

<http://www.participationworks.org.uk/topics/online-tools/>

UK Safer Internet Centre Facebook checklist <http://www.saferinternet.org.uk/news/facebook-checklist> (also has useful newsletter)

Day 2 – Afternoon

ENGAGING CHILDREN AND YOUNG PEOPLE

Beazley, H., Bessell, S., Ennew, J. and Waterson, R. (2009) 'The right to be properly researched: research with children in a messy, real world' *Children's Geographies* 7(4): 365-378.

Dahl, T. (2014) 'Children as Researchers: We Have a Lot to Learn', in Melton, G.N., Ben-Arieh, A., Cashmore, J., Goodman, G.S. and Workley, N.K. (Eds.) *The Sage Handbook of Child Research*, London: Sage.

* Davis, J. (2009) 'Involving Children' in Tisdall, E.K.M, Davis, J.M. and Gallagher, M. (eds.) *Research with Children and Young People: Research design, methods and analysis*. London: Sage.

Elsley, S., Gallagher, M. and Tisdall, E.K.M. (2014) 'The Dilemmas of Digital Methodologies: learning from work on 'Young Digital'', *International Journal of Child, Youth and Family studies*, 5(4.1): 702-717. <http://journals.uvic.ca/index.php/ijcyfs/article/view/13370>

Gallagher, M. (2008) 'Power is not an evil: rethinking power in participatory methods' *Children's Geographies* 6(2): 137-150.

Holland, S., Renold, E., Ross, N.J. and Hillman, A. (2010) 'Power, agency and participatory agendas: A critical exploration of young people's engagement in participative qualitative research' *Childhood* 17(3): 360-375.

* Investing in Children (2009) 'Case Study - Investing in Children: Supporting Young People as Researchers' in Tisdall, E.K.M, Davis, J.M. and Gallagher, M. (eds.) *Research with Children and Young People: Research design, methods and analysis*. London: Sage.

Kellett, M., Forrest, R., Dent, N. and Ward, S. (2004) 'Just Teach Us The Skills Please, We'll Do The Rest': Empowering Ten-Year-Olds as Active Researchers' *Children & Society* 18(1): 329-343.

Lewis, A., Parson, S., Robertson, C., Feiler, A., Tarleton, B., Watson, D., Byers, R., Davies, J., Fergusson, A. and Claire, M. (2008) 'Reference or advisory groups involving disabled

people: reflections from three contrasting research projects' *British Journal of Special Education* 35(2): 78-84.

Lund, R. (2008) 'At the Interface of Development Studies and Child Research: Rethinking the participating child' in Aitken, S., Lund, R. and Kjørholt, A (eds.) *Global Childhoods: Globalization, Development and Young People*. London: Routledge.

Web resources

Boeck, T. and Sharpe, D. (2009) 'An exploration of participatory research with young people' *Coyote* 14: 14-17. <http://pjp-eu.coe.int/documents/1017981/1667867/exploration.pdf/53d7dfbd-670e-4e4d-b4d1-e779e0b96ecd>

Children and Young People as Researchers Network

<http://www.ncb.org.uk/cypar>

A Network facilitated by the National Children's Bureau. Currently active with some information on research activities and groups.

Children as Researchers

<http://www.scotland.gov.uk/Resource/Doc/925/0080040.pdf>

A review of involving children as researchers, in a range of ways.

Clark, J. (2005) 'Participatory research with children and young people: philosophy, possibilities and perils' *Action Research Expeditions* 4.1

http://www.academia.edu/1144538/Participatory_research_with_children_and_young_people_philosophy_possibilities_and_perils [I had to log into academic.edu to access this]

Funky Dragon: Children as Researchers Resource Pack

http://www.funkydragon.org/files/8613/9989/1122/CARs_resource_pack.pdf

Models of participative working with primary school aged children. Contains practical examples, and reflects upon their implications from a research perspective - e.g. ethical issues, how you will analyse them.

Investing in Children

<http://www.investinginchildren.net/>

The Durham-based researchers who have contributed to training sessions and course materials.

Listen to Us Too!

https://www.ucl.ac.uk/silva/cihd/Listen_to_Us_booklet_final_June_2011_mw.pdf

Messages from a study about the lives of disabled teenagers who use Alternative and Augmentative Communication

Open University Children's Research Centre

<http://childrens-research-centre.open.ac.uk/>

An OU project to educate children in research skills and then support them to carry out research on their own lives. There are links to some reports from studies carried out by children, links to media articles about the centre, and also some video clips of their activities.

PEAR project. Young people

http://www.ncb.org.uk/media/110695/pear_leaflet_final_lores2.pdf

Advice from young people who were involved in public health research, supported by NCB. 20 young people were involved, aged 13-18 from London and Leeds.

Southern Cross University, Centre for Children & Young People

<http://ccyp.scu.edu.au/index.php/84/>

This Australian academic research centre has sought to involve children and young people in advising the centre's work. They have been frank about the difficulties as well as the advantages of doing this. See their annual reports and associated publications.

Think Tank co-hosted by Australian Research Alliance for Children and Youth and the NSW Commission for Children and Young People (2008) Involving Children and young people in Research

http://www.childhealthresearch.org.au/media/54379/involvingchildrenandyoungpeopleinresearch_1.pdf

- including Brown, J., Collits, P. and Scholfield, K. – Chapter 4. Involving Young People in Research: Lessons from the 10MMM Project in South Western [young people as researchers]
- Fitzgerald, R. and Graham, A. - Chapter 6 'Young People Big Voice': Reflections on the Participation of Children and Young People in a University Setting